SUICIDE: OKLAHOMA 2015 FACTS & FIGURES

**Suicide Death Rates**

|  |  |  |  |
| --- | --- | --- | --- |
|  | Number of Deathsby Suicide | Rate per 100,000Population | StateRank |
| Oklahoma | 665 | 17.28 | 12 |
|  |  |  |  |
| Nationally | 41,149 | 12.57 |  |

### Suicide cost Oklahoma a total of

**$778,731,000** of combined lifetime medical and work loss cost in 2010, or an average of

**$1,260,082** per suicide death.

## Suicide is the **9th leading** cause of death overall in Oklahoma.

**2nd leading** cause of death for ages 10-34

**4th leading** cause of death for ages 35-44

IN OKLAHOMA, SUICIDE IS THE...

## On average, one person

**5th leading** cause of death for ages 45-54

**8th leading** cause of death for ages 55-64

**16th leading**

cause of death for ages 65 & older

Based on most recent 2013 data from CDC

dies by suicide **every 13 hours** in the state.

**Over twice as many** people die by

### suicide in Oklahoma annually than by homicide; the total deaths to suicide reflect a total of **13,761** years of potential life lost (YPLL) before age 65.

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SUICIDE PREVENTION PROGRAMS AND INITIATIVES

Oklahoma’s Suicide Prevention Council (§43A-12-104) is a public-private coalition overseen by the Oklahoma Department of Mental Health and Substance Abuse Services (ODMHSAS). The Council assists in the development and coordination of local resources and building community capacity to address suicide, provides technical assistance to schools and communities, and promotes prevention strategies and public awareness.

ODMHSAS has initiated the Oklahoma Youth Suicide Prevention and Early Intervention Initiative, which provides evidence-based youth suicide prevention programs (gatekeeper training and screening) throughout the state through local mental health service providers, schools, youth-serving agencies, tribal governments, and colleges and universities.

Visit <http://ok.gov/odmhsas/Prevention_/Prevention_Initiatives/Youth_> Suicide\_Prevention\_and\_Early\_Intervention\_Initiative/index.html.

The Oklahoma Suicide Prevention Council released a five-year comprehensive plan, **Oklahoma Strategy for Suicide Prevention**, in 2011; it is available online at [http://ok.gov/odmhsas/documents/SuicidePrevention.pdf.](http://ok.gov/odmhsas/documents/SuicidePrevention.pdf)

Oklahoma law (HB 1623 – adopted 5/28/14) requires the Department of Mental Health and Substance Abuse Services to develop and make

available a suicide awareness and prevention curriculum; requires teachers, counselors, principals, administrators, and other school personnel to immediately notify parents/guardians of students determined to be at risk for attempting suicide; allows school districts to adopt policies re: suicide awareness and training and provide training to students in grades 7-12 and to staff; and allows school districts to enter into agreement with Youth Services Agencies for the provision of intervention and prevention services.

GET INVOLVED

The AFSP Oklahoma Chapter brings together people of all backgrounds in communities throughout the state to fight suicide. For more information or to volunteer, please contact:

AFSP – OKLAHOMA

oklahoma@afsp.org

**BECOME AN ADVOCATE IN OKLAHOMA**

AFSP’s Oklahoma advocacy volunteers build relationships with public officials and advocate on behalf of sound suicide prevention policy.

To get involved, contact: Nicole Gibson

AFSP Senior Manager of State Advocacy ngibson@afsp.org

# LEADING THE FIGHT AGAINST SUICIDE

We fund research, offer educational programs, advocate for public policy and support those affected by suicide. Headquartered in New York, AFSP has 75 local chapters with programs and events nationwide.

